

## Effects on Mind and Body

### If you were the victim of a crime:

Victims of a crime often face a lot of stress, which can lead to some of the following mental and physical issues. These kinds of reactions are extremely common in people who have experienced something traumatic.

○ Do you experience any of the following?

Sleeplessness, loss of appetite, frustration, feeling that you are to blame or that you don't know how you should feel, loss of motivation, flashbacks of the incident



When you're feeling down or depressed, the first step to recovery is being able to honestly express your feelings.

○ You are not to blame.

○ Don't push yourself – if you feel the need to rest or take time off, do so. Once you feel yourself getting better, try easing little by little back into your normal routine.

### Dealing with a child who was a victim of a crime:

The following are common symptoms among children who have been the victim of a crime.

- Anger or loud crying.
- Becoming excessively dependent, e.g., cannot sleep alone.
- Speaks without purpose or makes up strange stories.
- Reenacts the incident while playing.
- For children who have been molested, they may start talking about sexual behavior or take an interest in sex.



**If this is the case...**

- ◎ Believe what the child tells you.
- ◎ Behave as normally as possible with the child.
- ◎ Listen carefully to what the child says.
- ◎ Do not excessively question the child.
- ◎ Make the child feel safe and at ease.



## Consulation services for victim



### Support for foreign residents:

■ Kumamoto Pref. Foreigner Support Center

Counseling services and information are available in 19 languages (Japanese, English, Chinese, Korean, Spanish, and others) to help foreign residents live in Kumamoto comfortably.

For details, contact the HP of Kumamoto Pref. Foreigner Support Center or 080-4275-4489.

■ Fukuoka Regional Immigration Bureau, Kumamoto Branch Office

Immigration Bureau and Branch offices provide information and services such as visa renewal for victims of crimes, including human trafficking.

For details, contact the Fukuoka Regional Immigration Bureau, Kumamoto Branch Office at 096-362-1721.

### Police Counseling services

- For support for crime victims (Crime Victim Support Office)  
096-381-0110 (extensions 2193 to 2195)

- For sex crimes – "Telephone counseling for sex crime victims"  
(1st Crime Investigation Division)

0120-8343-81 (cannot be reached from mobile phone) or  
096-384-1254

Telephone counseling for sex crime victims:  
(national unified number) [#8103] (Ha-to san)

- For issues with juveniles – Higokko Telephone (Higokko Support Center)

0120-02-4976 (cannot be reached by mobile phone)  
096-384-4976

- Matters regarding stalking/domestic violence (Personal Safety Measures Division)

096-381-0110 (extensions 3434/3436)

- General police information (Police Safety Counseling Office)  
096-383-9110 (or #9110 from a touch-tone phone)

**Your contact person is:** Contact me whenever you need!

Kumamoto Pref. \_\_\_\_\_ Police Station  
\_\_\_\_\_ Section, \_\_\_\_\_ (position)

Name:

Phone: \_\_\_\_\_  
(ext. \_\_\_\_\_)



# Support Guide

Kumamoto Prefectural Police

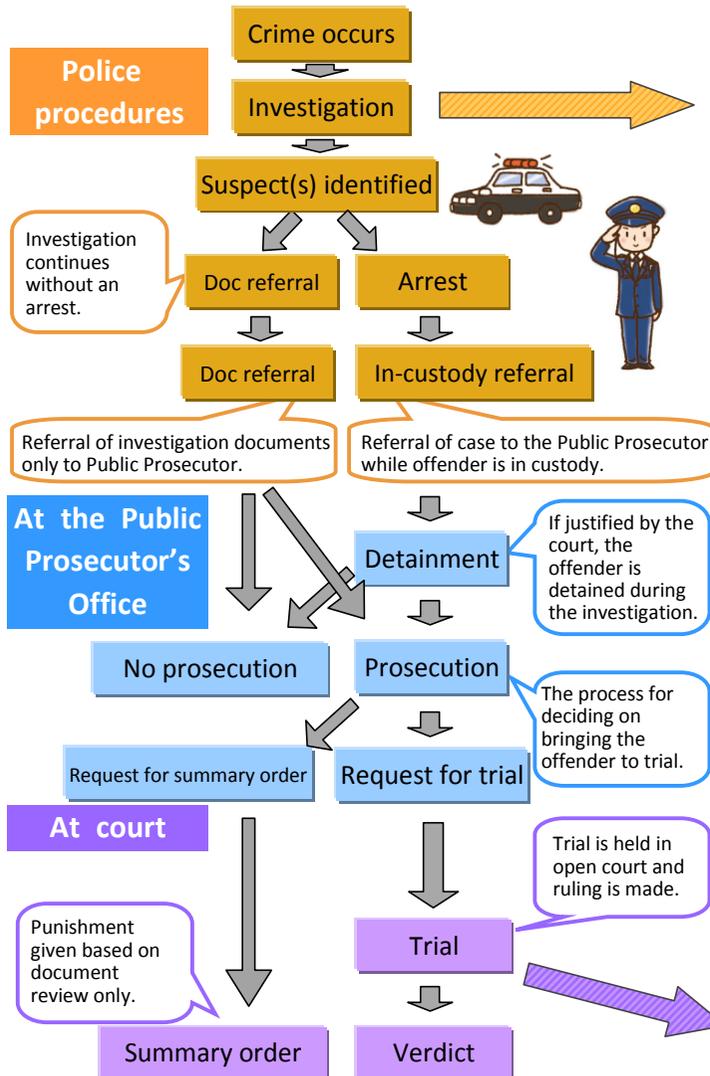
## Introduction

This leaflet provides information about the investigation process, areas where we may need your cooperation, mental and physical effects you may experience, support systems available for victims, and a list of support information. We hope this information can be of use to you.



## Criminal Proceedings

\*Proceedings differ if the crime was perpetrated by a minor.



## What we need your help with

### Interview

We will ask you details about what happened, what the criminal looked like, etc. You may not wish to revisit the incident, but this information is necessary in making an arrest and concluding the case.



### Providing evidence

We may ask you to provide clothes or belongings you had on your person at the time of the incident. This is necessary in proving the crime happened. We will return these to you as soon as possible after they are no longer needed.



### On-the-scene investigation

We may ask you to come with us to the place where the crime occurred. This meeting may take some time, but it is important for understanding the facts and proving what occurred.

### Medical exam at a hospital

For sex crimes, we may have you get an examination from a gynecologist in order to acquire DNA evidence or perform emergency contraception. The police may be able to cover some of the costs.

### Appearance in court

The trial commences once the offender is prosecuted, and you may be asked to appear in court as a witness.

## Available Support Programs

\*These apply to certain serious crimes and serious traffic accidents such as fatal or hit-and-run accidents (with certain exceptions).

### Victim support personnel

Designated personnel are available to provide the following kinds of support to help victims:

- o Listening to witness accounts, hospital escorting, etc.
- o Explanation of investigation procedure
- o Various consultations
- o Introducing and working with related organizations and groups

### Preventing reoccurrence

If there is a chance that the crime may reoccur, you can be designated as a Subject for Reoccurrence Prevention, and we will try to prevent it from happening again through support, advice, strengthening patrols, etc. If you feel your life or person is in danger, please do not hesitate to contact the police.



### Publicly-financed support

Under certain circumstances, the following may be covered at public expense in order to lessen financial and emotional burdens on the victim.

- If you lost a family member – post-mortem certificate fees, transport fees for body autopsy
- If you are injured in the crime – medical certificate fees (serious injury of one month or longer)
- If you were the victim of a sex crime – costs for initial medical exam, emergency contraception, etc.

\*Certain conditions apply. Please ask law-enforcement personnel for details.

## Crime Victim Benefit Program

### What is the Crime Victim Benefit Program?

In cases where relatives have lost a family member due to deliberate criminal action, or for victims who suffered serious injury or illness and remain physically impaired, and compensation from public benefits or the wrongdoer was inadequate, this system can provide a lump-sum benefit payment from the government. In cases where the crime was between relatives or fault also lies with the victim, some or all of the benefit may not be paid out.

This benefit is also available to foreign residents if they possess an address in Japan at the time of the criminal action, and the crime occurred in Japan.

### Applying for benefits

Applications are made at the Prefectural Public Safety Commission that holds jurisdiction over the area in which the applicant resides. When applying, please submit your application form and necessary documentation to the Crime Victim Support Office (犯罪被害者支援室) of the Police Headquarters (警察本部). Please be aware that you may become ineligible to apply for benefits if a certain period of time has passed after the criminal harm occurred.

For details, contact:

Crime Victim Support Office  
Kumamoto Pref. Police  
096-381-0110 (ext. 2194)

