Motivation for Student Study

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How do you motivate yourself to study and to learn more? In Japan, it is said that the academic ability of Japanese children is at the highest level in the world, but low learning motivation is a big problem. Nowadays, the attitude to independently engage in learning is emphasized. I insist that 'people' can motivate students to study more independently and be more ambitious about it.

First of all, the rewards from people can be a favorable motivation for the students. The students feel achievement and accomplishment by the rewards . It doesn't have to be just actual things but also praise, compliment or positive feedback from people are huge rewards, too. No one would ever get motivation from scolding, rebuke, or negative feedback. Parents and teachers have to give their children or students compassionate rewards abundantly if they want their children and students to get better at things they care about. By doing so, the children and the students will become full of motivation.

Another way to get motivation is to get support from people around you. For example, studying in the room being monitored by other people and proclaiming your goal to those around you. In this way, you can put yourself in an environment where you will not lose your concentration and stay focused. I tried it when I was studying for the entrance examination. I deleted some applications on my phone, even gave my phone to my parents to hold, and I went to the cram school every day where there was a room monitored by the teacher. It worked well since there was nothing that disrupted my concentration. In addition, making friends with people who can work hard and encourage each other is also a good way to motivate yourself because you can improve yourself through friendly rivalry.

Furthermore, encounters with the person you respect, an admired person, or the person who resembles your future image can motivate you. Meeting these people will motivate you to study harder and strive to be like them. Having a definite goal will elevate your motivation more and more. I believe the help given by them is very great because we can get practical advice and encouragement, not only leading to success but also increasing our motivation without any stress.

To sum up everything that has been stated so far, students will highly get motivation from people who give praise, compliment, or positive feedback, various support from people around them, and people they can look up to. I hope for the students to encounter such people and the parents and the teachers to be like those people