

# Food waste

Minamata High School 3<sup>rd</sup> grade

A. I

There are several problems in Japan. For example, there are global warming, gender discrimination, food loss, and so on. However, I want to write about food loss because it's not only in Japan, but also in other developed countries. I'm interested in the environment because I want to be a NGO staff in the future. CO2 emitted when food is incinerated promotes the greenhouse effect, which causes global warming. So we have to solve the problem as soon as possible. I have three ideas for this.

First, Japanese government should make new policies to fight against food loss. I think they should make new policies clearly and easy to understand. If there are policies about food waste many people's consciousness will change and the number of food loss will decrease. In addition, one policy that I came up with is that restaurants in Japan could offer smaller portions so that food is not wasted. I think this is good for the environment, too. Second, we should share the food with hungry children in Japan. Recently, I often see news about hungry children in Japan. In fact, 15.6 percent of children in Japan are suffering from hanger. There are 27.59 million tons of waste food per year, of which the amount of "food loss" is 6.43million tons per year. So, if it can be given to the hungry children, 6.43 million tons of food loss might decrease in Japan. In the whole world, 8.9 percent of children are hungry and do not have access to food. If this project success in Japan and if there no kids suffering from hanger, Japan give food loss to other countries, Japan might be able to save the 8.9 percent of children in the world. I think it will connect with the "No poverty" and "Zero hungry" of the Sustainable Development Goals. If this two goals become true, we can create a more equal world.

Third, restaurants in Japan should provide "doggy bags" like in America. Adoption and implementation of doggy bags in Japan is about 24 percent. So, Japan should improve the problem of food waste. Also, most Japanese people don't know about "doggy bag". Only 26 percent of Japanese people know about it. The Japanese government should inform about it to many people. If they informed and provided doggy bags for people in Japan, many people will start to use it more often, and the number of food loss will decrease.

These reasons are why I think the problem of food loss can be solved. And, we have to change our consciousness. We have to start from doing small things

like creating new food loss policies, sharing excess food with hungry children, and bringing home leftover foods and having doggy bags available at restaurants in Japan. I think small things can change the world. So, I want many people to know about the food loss situation now in Japan.