

# Food waste and my home town project

Minamata High School 3<sup>rd</sup> grade

R. Y

I think that “food loss” is one of the big problems in Japan. These days, a lot of food have been wasted in restaurants, stores, and homes. According to the report of Japanese Ministry of the Environment, 6 million tons of food loss is occurring every year. Therefore, one action be taken now that makes this matter better is spreading. The action is called “ethical consumption.” The main point of this act is to consume food before they go bad. Most convenience stores tend to throw away the food before the expiration date even if we can still eat them. I think that is weird and I think that is weird and such a waste. Ethical consumption’s way of thinking is helpful to reduce the amount of food waste because it prevents useless mass production and mass consumption. Consuming food with ethical considerations is a good way of thinking for the sake of the environment.

In association with the food loss, there is one more problem in the method of garbage disposal. Particularly, food garbage’s disposal takes a lot of time and cost because of their moisture. Therefore, if we burn the food garbage, that produces a lot of carbon dioxide. A lot of carbon dioxide from burning food garbage may increase the levels of global warming. Global warming can cause the melting of ice in polar and artice regions and the changing of many kinds of plants’ and animal’s habit. We have to do our best to stop the global warming, and we have to continue to protect the environment from now on. Minamata in Kumamoto is a good example of a city which continues to act for the sake of the environment. Minamata City propose that people put one city-provided compost box which is filled with soil with a lot of microorganisms in their yard. The boxes are called “kie-ro”. The people only have to bury the food garbage into the soil in the box and mix them to make good fertilizer. In addition, these boxes can lead to the cultivation of vegetables and flowers at home and is environmentally friendly.

If these activities widens, global warming will be stopped through our ideas of ethical consumption and using “kie-ro”.Using “kie-ro” can decrease the number of burnable garbage, so we can prevent CO2 emissions. Also, rather than throwing food garbage away as burnable garbage, promoting decomposition at home will lead to a reduction in carbon dioxide emissions.