

## Discussion and thought of food waste issues

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Nowadays, there is a debate in the world on how to solve the food waste problem. I am also interested in this issue and would like to take action to resolve it. For that reason, I joined a group with the theme of "food waste" at this English camp.

First, we discussed how to solve the waste of food but we couldn't get a good idea, because this problem is very difficult to solve. Another reason is that Japan is not short of food, so they cannot imagine the seriousness of the problem.

However, when we apply it to a limited example, we can give various opinions, for example, about food waste in restaurants.

In this example, there were opinions such as changing from the buffet style to the ordering style. The buffet style requires a large amount of food, but there are many leftovers. If a restaurant changes to the ordering style, it can cook and serve as much food as it needs. It leads to less waste of food. Many other good suggestions were made and it was a meaningful discussion.

Currently, the food shortage problem is becoming more and more serious. However, food is well produced all over the world. So why is food shortage a problem? The reason is that developed countries around the world are wasting a lot of food. Therefore, we must consider measures to reduce food waste, for example, distributing to people in need because they don't have the money to buy food. Moreover, it would be better if the food that was not wasted could be sent to food-deficient countries.

There are many other measures to be taken. It is also important to think of measures that we individuals can reasonably implement, for example, trying to eat the vegetables, fish, and meat we bought without letting them spoil. These small acts make a big difference. Even if each person keeps it in mind not to waste food, it will lead to problem solving.

Through this English camp, my interest in food issues has increased. It was also a good experience to use English to discuss common issues. I would like to do my best to improve my English ability and knowledge so that I can discuss such issues with foreigners.