

Food waste

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In English camp, our group talked about food waste. 1.3 billion tons of foods are wasted in a year. We talked about how we can solve this problem.

First, it's a small thing but it is all around us, so you can do it in your daily life. It is important not to buy too much food. Even if food is sold at a discount price, maybe you can't eat all of it. This is a waste of food and also a waste of money. Checking inside your fridge is also a way to solve it. By doing so, you can check for things that you must buy or not. Often you buy food in shops. Foods are lined up in a row. You can use ingenuity here too. You should take foods from the front, because food that is lined up in the front's expiration dates are sooner than food in the back. If everyone takes food from the back, more expired foods are going to be wasted. Expired foods are a cause of food waste, but the amount of food that is thrown away because people didn't eat it is very big. It is important not to cook too much food. Even if you cook too much food, if you maintain them in the correct way, the foods will last for a long time. As I said before, 1.3 billion tons of foods are wasted in a year, but there are 3 million of people dying in a year because of hunger. This is a strange thing. There are many foods that are wasted, but many people die because of hunger. So, we can donate to these countries and people. These are the things you can do in your daily life. There are so many things and this is not all of them. It is a very easy thing, so you should try it!

Next it is important to know what the world is doing for food waste. For example there are communal fridges in Spain. These fridges are used by many people and you can put foods in that you don't eat and other people will take them home. This Campaign solves food waste by using a way to "share". Another example is an application born in Germany. This is mostly used in restaurants. If food might be wasted, they can sell it in an application. Then other restaurant will buy the food.

Food waste is a very big problem. We can't solve it easily, but nothing is going to be solved if we do nothing. We should find and do things that we can do to solve the problem of food waste.